



OCTOBER NEWSLETTER PAGE ONE

Here's the scoop...

It is that time of the year with mid October approaching. Basketball season officially begins on Oct.17 for girl's basketball and Oct. 24 for the boy's teams. At that time, our coaches can officially conduct practice for the upcoming season.

In preparation for this upcoming exciting season, our players have been running, conditioning, and playing in weekend tournaments. They've also spent time building team chemistry during multiple gatherings. We look forward to an exciting year in FHS basketball. **Go Raccoons!!!**

Century Club & Fast Break Club Membership

The Century Club is our fundraiser this year. We are trying to get 100 businesses/individuals to donate \$100. We are asking every family to participate and help raise the necessary funds for the Fast Break Club. All of the money raised goes to supporting our athletes and the basketball program. Please do your part in supporting this project. **The deadline for Century Club donations is Nov. 15.**

Also, it is not too late to join the Fast Break Booster Club. It is \$35 per year. **Our goal is 100%**

Coaches Corner : Coach Rose

The season is drawing close, and the girl's team will get to start Oct. 17. We have finished our pre-season preparation and are now starting to put some of our offense and defense in. Our college visitors have slowed down, but the list is as follows: Texas Tech, Oklahoma State, Louisville, Baylor, UTA, Texas, Texas A&M, Kansas, Southern Mississippi, TCU, Texas St., SMU, and Louisiana Tech. There are still a few others planning to drop by, but we don't have a date yet. **Tiffany Jackson** (WNBA player for NY Liberty) visited with the girls 10/4.

Coaches Corner: Coach Green

The boy's team played in a preseason shootout on October 6 and 7 in Grapevine. Our first scrimmage will be at Wylie on Nov. 3 at 10:00. The first home scrimmage will take place on Nov. 10 at 2:00 pm. Our opponents will be Plano West and Wakeland. The regular season opener will be at Sherman High School on Tuesday Nov. 13.

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Upcoming Events

Oct. 22 Fast Break Booster Club Meeting in the Lecture Hall at FHS 7:00 pm

Nov. 14 Tip Off Night Dinner in the FHS Cafeteria.

Nov. 15 Century Club donations due

Nov. 16 Spirit Ads due for 2007-2008 basketball program

Nov.26 Fast Break Booster Club Meeting in the Lecture Hall at FHS 7:00 pm

Tip Off Night

Get ready to kick off the season at Tip Off Night. It will be Nov. 14 at the FHS Cafeteria. Join the fun and festivities as the coaches introduce our 2007-2008 basketball teams. It promises to be a memorable night that you won't want to miss!

Calling All Volunteers...

We still need volunteers. There are many ways you can help as follows: Tip Off, Classic, Concessions @ Pioneer, Parade Float, Spirit, Poster (boys), Team Parents, Decorate Lockers, Community Night, & Announcer for girls Varsity game.



FAST BREAK CLUB NEWSLETTER

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Highlights...

As mentioned on page one, Tiffany Jackson recently visited with the varsity girl's team. During the session, the girls had an opportunity to ask questions about how to select a college, and about the college experience in general. They also learned how important good leadership, good team chemistry and commitment to a common goal have been during the course of her career. Tremendous thanks to Tiffany Jackson and the parents who helped to secure her visit to FHS!

The girl's team welcomes Kierra Mallard and Mariah Demery to FHS -All District players at previous schools.

Basketball Program

We are currently accepting business and spirit ads for the annual basketball program. The program is a great keepsake for your child and a fun way to support FHS basketball. If you would like to advertise your business or submit a spirit ad with pictures of your player, please do so by October 31 for business ads and Nov.16 for spirit ads. Forms are available. Contact Kristi Moore at 469-569-3137, Cheryl Pembleton at 214/705-7727 or Lois Thomas at 469-633-1092

Frisco Parade

This year the basketball teams will participate in the Frisco Parade on November 10. It promises to be a special day that you won't want to miss!

A special thanks to:

Sewell Saab-Hummer of Plano graciously agreeing to provide transportation. More details to follow.

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Fast Break Officers:

- President: Cheryl Pembleton
- Vice-President: Marie Hoskins
- Secretary: Tammy Demery & Antoinique Bowman
- Treasurer: Tina Cutrer